



Artists Colony Inn & Restaurant

February 10th-12th 2012

Friday Evening: 7:00pm-9:00pm

Saturday: 7:00am-9:00pm

Sunday: 7:00am-11:00am

Wellness Weekend

The Artists Colony Inn is hosting Certified Fitness Trainer, Karisa Haller for a weekend focused on taking better care of YOU! It will be a fun filled weekend sure to chase away those winter blues and make good on that New Year's resolution. And what a bargain, ladies put this on your Christmas list along with a new pair of yoga pants. For just \$250.00 you can enjoy a two night stay, fun fitness for anyone, and of course SHOPPING!



Located in the Heart of Nashville,
within walking distance of shops.

Call now to reserve your
room or space at the retreat.

What's Offered:

- Yoga
- Zumba
- Nutrition
- Crafts
- Book Talk
- Winter Hike
- Lodging & Meals



*Here's the Skinny to get
your skinny on!*

Artists Colony Inn &

Primary Business Address
PO Box 1099
105 S. Van Buren
Nashville, IN. 47448

Phone: 812-988-0600
Fax: 812-988-9023
E-mail: bibi@artistscolonyinn.com

\$250.00 per person
*Includes lodging and meals
and all activities.*

\$150.00 per person
*Includes all activities, lunch
and dinner Saturday.*

